

*S'olh
Shxwlèlì
Siya:ye*

*“Our
Places”*



Individual Highlights

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Aboriginal Access Services
Newsletter

February 2009
Teml'i:q'es

Volume 4
Issue 2

Indigenous Studies Speakers Series

Aboriginal Access Services (AAS) and the Faculty of Arts are pleased to announce the Indigenous Speakers Series which began January 5, 2009. In planning for an Indigenous Studies program to be offered at the University of the Fraser Valley, AAS has invited several Indigenous academics to lead important

dialogue in this area. Invited are:

- Taiaiake Alfred (January 15 2009)
- Michele Pidgeon (January 22, 2009)
- Verna Kirkness (TBC)
- Lorna Williams (TBC)
- Rauna Kuokkanen (TBC).

Leading off the Indigenous Studies Speakers Series was

Taiaiake Alfred on January 15, 2009. Approximately 120+ students, staff, faculty and community members attended the lecture.



Michelle Pidgeon

Michelle Pidgeon is Assistant Professor in the Faculty of Education, Simon Fraser University. Michelle's ancestry is from Newfoundland and Labrador. She is passionate about higher education and student services, particularly Aboriginal student recruitment and retention. Her research moves away from the common convention of attributing failure to the student by

focusing on how post-secondary institutions can become more successful places for Aboriginal people through indigeneity. Central to Michelle's work is that success is defined and articulated through an indigenous wholistic framework. She uses an indigenous research process grounded in the 4Rs of Respect, Relationships, Relevance, and Reciprocity to guide her research projects

from the generation of ideas to the sharing of results with the communities involved. Michelle's lecture took place at the Chilliwack campus, approximately 50 people were in attendance.





Need help with your studies? Tutoring is available. Let us know and we will set it up for you.

Also...Laura Smith is available to help with writing assignments. In January she is available in Abbotsford on Tuesday's, and in Chilliwack on Wednesday's.



Writing Centre - Chilliwack

The writing centre appreciates the number of Aboriginal students who are accessing their services at both Abbotsford and Chilliwack.

This semester six more workshops are offered at the Chilliwack campus Aboriginal Access Services G130, 4:30-5:30 p.m.

- Feb. 10 - Writing an outline / Starting your writing assignment
- Feb. 24 - Writing an essay
- Mar. 3 - Adding references
- Mar. 24 MLA/APA documentation
- Apr. 7 - Exam checklist/ writing under pressure

Contact Josephine or Laura for further information at 604-795-2835.

Contact Laura Smith for other topics and/or writing concerns for future workshops.

We appreciate the cooperation the writing center staff has shown us in planning these workshops.

Reading Break – February 16-20

Here are some questions you may be asking about the week-long Reading Break:

Is this a mini holiday?

Instructors may expect you to use the time to read, write and review.

Look keen! Ask each instructor to confirm his/her expectations.

Classes in session?

Formal classes are not scheduled during Reading Break.

Check if you are

scheduled for a practicum, seminar, or lab. Assume nothing!

Is UFV open?

Yes, all UFV facilities are open including the computer labs, cafeteria, bookstore, and the library. When are your books due?

Can I come to study?

Yes the campus is open from early morning until 10:00 p.m. Your classroom may not be open however; there are

spaces available to study in the library etc.

Is Aboriginal Access Services open?

Yes, Aboriginal Access Services will be open as usual. Set up a study group to meet in the ARC student lounge. Coffee and tea are always ready.

Do I have to pay for parking?

Yes, as proof this is not a holiday, parking lots will be monitored.

Aboriginal Employment and Career Fair

The 2009 Aboriginal Employment and Career Fair theme is "Building a Future."

This event will take place February 6, 2009 from 10:00 AM to 2:30 PM.

Location: Landing Sports Centre (Ag-Rec Centre), 45530 Spadina Avenue, Chilliwack.

Guest speakers, career booths, employers, morning coffee, fruit and muffins, and a

lunch will be provided.

To register fax Penny Joe at 604-858-4741.

For further information contact Luwana Williams at 877-847-3288 local 672.

Lectures

How do I remember what was said?

1. Before class preparation:

- Skim the material to be covered:
Look over the chapter title
Write the headings in your notebook
- Write a list of **topics/concepts** so that you can relate what the lecturer says to what you already know.

2. During the Lecture: Taking notes

- Listen for verbal signals the lecturer uses to:
 - Introduction of a topic: i.e.
"next, I am going to discuss..."
 - Words that stress importance: **i.e.**
"It is important to know that ...",
"You should remember that ...",
"The next exam will cover ...".

- Definitions: i.e.

"The term _____ means ...",
"_____ is a process that ...".

- A list or series of steps:

"The stages in the process are ...",
"Because of....the following may happen..."

- Repetition of ideas, phrases, &/or words.

- Observe closely when the instructor:
 - writes or draws on the board or overhead
 - speaks more slowly or louder than usual
 - uses body language for emphasis
 - uses a graphic or drawing
- Use abbreviations and symbols for frequently used words, names and phrases

Taiiaki lecturing on the topic of "Being Indigenous: Resurgences against Contemporary Colonialism"



The students and staff had lunch with Taiiaki. Terry Prest, our Elder in Residence, enjoying a cup of coffee!



If you would like to meet with Terry, contact Josephine Charlie.

Lectures cont'd

- Sketch diagrams to help understand a concept i.e. a ladder for series, circles for cause/effect, lines for battle scene/maps
- Write margin notes in texts and lecture notes for quick identification of important concepts

3. After Class: Putting Information into Long-term Memory

- Create an **outline of information** using your list of topics and the lecture notes.
- Design a **concept map** to interconnect the information in the outline,
- Expand the concept map to connect the information from this lecture and course to other related information.
- minutes a day until the concepts are in your long-term memory.
- While reviewing your notes, design questions and write out the answers when you are studying for an exam.
- Use the outline and concept map to study for exams and/or writing term papers.

4. Reviewing the Information.

- Review your notes for 20





I just wanted to send everyone a special thanks. I really appreciated this opportunity I was given, by Shirley and the university and I hope and wish you all the best in your careers in Education. I've learned alot and I will never forget what I learned. To walk in someone else's moccasins is not a easy task, I certainly learned how big these moccasins were, so once again thanks Shirley and everyone!! Oh and I wish you luck indegenizing the academy!!! My prayers are with you always, thanks again for this opportunity!!

Michelle Sylliboy

Farewell



Bursary

Michelle Sylliboy has been the interim Aboriginal Access Services coordinator since October 2008. She also taught the Indigenous Art: Stories and Protocols course.

Michelle is a Mi'kmaq artist and educator who completed her undergraduate degree at Emily Carr Institute of Arts, and Design and Masters in Education at Simon Fraser University.

During her spare time she is a poet, sculptor, and photographer.

We are going to miss Michelle and wish her all the best!

*Special One Time
Métis Health Career
Bursary Award*

*Deadline to apply to
the National
Aboriginal
Achievement
Foundation is
February 13, 2009.*

*For more info contact
the Education Dept.
of NAAF.*

Phone: 1-800-329-9780

Email: education@naaf.ca

New Work Study Student

Chilliwack Aboriginal Access Services has a new work study student: Juanita Kelly. Following is a short bio on her.

I am from Shxw-ow-

hamel band. I am going into social work and will carry on to work as an alcohol and drug counselor and maybe find time to work in transition homes. At this time I

am in Cmns 155, Fnst 202, IPK 121, and Halq 101.

When I can, I try to spend time with family and friends. I have three children

and ten grand-children. I love to learn and realized that what was missing in my life was school, to be able to have a job, and be independent.

Halq'emeylem



The Sto:lo have Halq'emeylem words to describe different times of the year. These words correspond to our current calendar. Very few elders know a name for the fifth month, around February; those that do call it *Temtl'i:q'es* as time to get jammed in (as a trap, a box, etc.) or *Temt'elemches* - time

one's hand sticks to things (from the cold), *tl'i:q'* means get jammed in, get wedged in, get stuck, *es* means a periodic cycle of time, *t'elem* means stick to something, *tses* means on the hand. *Temtl'i:q'es* probably refers to getting jammed in one's house because of snow and ice.

Scholarship

The BC Scholarship Society is accepting applications for the BC Aboriginal Student Award. Approximately 250 scholarship will be awarded in 2009. Apply before May 15. Awards are \$1,000-\$3,500. For more information:

<http://www.bcscholarship.ca/web/aboriginal/apply>



University of the Fraser Valley

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Student Luncheon



You are all invited to our student luncheons.

The next luncheon in **Chilliwack** will take place on **Thursday, February 12, 2009** from 12:00 noon to 2:00 PM, Room G120.

The **Abbotsford** luncheon will be on **Tuesday, Feb. 10** in Room A221a from 12:00 noon to 2:00 pm.

Please join us!

Valentine's Day

A little unknown fact about St. Valentine: the reason he was killed by the Roman Emperor, Claudius II Gothicus, was that he continued to marry young couples even though Claudius forbade it. Apparently Claudius thought that married soldiers weren't as good as single soldiers.

Health

The Honour Your Health Challenge has begun! The main focus of this program is Walking for Health.

Fraser Health - Aboriginal Health Services, generously donated 50 pedometers and resources to help get this program going. We have given most of

the pedometers out and as a result more of us are conscious of getting our steps in every day and trying to increase our walking goals every week. The benefits of walking are numerous, it is one of the easiest forms of physical activity.

Keep it up, be strong!

A few of us met for fitness in the gym with Brian Justin, kinesiology professor.

