



ORIGINAL COURSE IMPLEMENTATION DATE: September 1998  
 REVISED COURSE IMPLEMENTATION DATE: January 2025  
 COURSE TO BE REVIEWED (six years after UEC approval): September 2030  
 Course outline form version: 28/10/2022

## OFFICIAL UNDERGRADUATE COURSE OUTLINE FORM

**Note: The University reserves the right to amend course outlines as needed without notice.**

<b>Course Code and Number:</b> PSYC 241	<b>Number of Credits:</b> 3 <a href="#">Course credit policy (105)</a>										
<b>Course Full Title:</b> Introduction to Psychological Disorders <b>Course Short Title:</b> Intro Psychological Disorders											
<b>Faculty:</b> Faculty of Social Sciences	<b>Department (or program if no department):</b> Psychology										
<b>Calendar Description:</b> An introduction to abnormal psychology. Topics include the definition and classification of psychological disorders, an introduction to the assessment and diagnosis of psychological disorders, etiological factors from a variety of perspectives, evidence-based therapeutic interventions, and therapy outcome research.											
<b>Prerequisites (or NONE):</b>	PSYC 101 and PSYC 102.										
<b>Corequisites (if applicable, or NONE):</b>	None.										
<b>Pre/corequisites (if applicable, or NONE):</b>	None.										
<b>Antirequisite Courses</b> ( <i>Cannot be taken for additional credit.</i> ) Former course code/number: <b>PSYC 341</b> Cross-listed with: None Equivalent course(s): None <i>(If offered in the previous five years, antirequisite course(s) will be included in the calendar description as a note that students with credit for the antirequisite course(s) cannot take this course for further credit.)</i>	<b>Course Details</b> Special Topics course: <b>No</b> <i>(If yes, the course will be offered under different letter designations representing different topics.)</i> Directed Study course: <b>No</b> <i>(See <a href="#">policy 207</a> for more information.)</i> Grading System: <b>Letter grades</b> Delivery Mode: <b>May be offered in multiple delivery modes</b> Expected frequency: <b>Twice per year</b> Maximum enrolment (for information only): <b>36</b>										
<b>Typical Structure of Instructional Hours</b> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 80%;">Lecture/seminar</td> <td style="width: 20%; text-align: center;">45</td> </tr> <tr> <td> </td> <td> </td> </tr> <tr> <td> </td> <td> </td> </tr> <tr> <td> </td> <td> </td> </tr> <tr> <td style="text-align: right;"><b>Total hours</b></td> <td style="text-align: center;"><b>45</b></td> </tr> </table>	Lecture/seminar	45							<b>Total hours</b>	<b>45</b>	<b>Prior Learning Assessment and Recognition (PLAR)</b> PLAR is available for this course.
Lecture/seminar	45										
<b>Total hours</b>	<b>45</b>										
<b>Scheduled Laboratory Hours</b> Labs to be scheduled independent of lecture hours: <input checked="" type="checkbox"/> No <input type="checkbox"/> Yes	<b>Transfer Credit</b> (See <a href="#">bctransferguide.ca.</a> ) Transfer credit already exists: <b>Yes</b> Submit outline for (re)articulation: <b>No</b> <i>(If yes, fill in <a href="#">transfer credit form.</a>)</i>										
<b>Department approval</b>	<b>Date of meeting:</b> April 2024										
<b>Faculty Council approval</b>	<b>Date of meeting:</b> May 3, 2024										
<b>Undergraduate Education Committee (UEC) approval</b>	<b>Date of meeting:</b> September 27, 2024										

**Learning Outcomes** *(These should contribute to students' ability to meet program outcomes and thus Institutional Learning Outcomes.)*

Upon successful completion of this course, students will be able to:

1. Critically evaluate systems of classification and diagnosis and the impact of colonial views.
2. Identify assessment methods of psychological disorders.
3. Identify a variety of etiological factors of disorders.
4. Distinguish major characteristics of various types of disorders.
5. Describe diagnostic criteria for selected psychological disorders and distinguish between diagnoses.
6. Describe treatment approaches with a focus on evidence-based treatment.
7. Evaluate the importance of gender and cultural issues in understanding psychological disorders.
8. Apply cultural considerations in treatment approaches including Indigenous perspectives.

**Recommended Evaluation Methods and Weighting** *(Evaluation should align to learning outcomes.)*

Final exam:	35%	Assignments:	25%	%
Quizzes/tests:	40%		%	%

**Details:**

**NOTE: The following sections may vary by instructor. Please see course syllabus available from the instructor.**

**Typical Instructional Methods** *(Guest lecturers, presentations, online instruction, field trips, etc.)*

Lectures, discussion groups, guest lectures with community members with lived experienced film video presentations, and student presentations.

**Texts and Resource Materials** *(Include online resources and Indigenous knowledge sources. [Open Educational Resources](#) (OER) should be included whenever possible. If more space is required, use the [Supplemental Texts and Resource Materials form](#).)*

Type	Author or description	Title and publication/access details	Year
1. Textbook	Heather Jennings	Abnormal Psychology, 9 <sup>th</sup> edition McGraw Hill	2022
2. Textbook	Lalumière, M. L., Barlow, D. H., Durand, V. M., & Hofmann, S.G.	Psychopathology	2024
3.			
4.			
5.			

**Required Additional Supplies and Materials** *(Software, hardware, tools, specialized clothing, etc.)***Course Content and Topics**

- Introduction to abnormal psychology, defining abnormality, history of abnormal psychology
- Theories, paradigms and perspectives, etiology, the integrative approach
- Treatment overview
- Classification, assessment, and diagnosis
- Anxiety disorders, obsessive-compulsive disorder, and trauma-related disorders
- Mood disorders
- Schizophrenia spectrum and other psychotic disorders
- Eating disorders
- Personality disorders
- Substance use disorders
- Neurodevelopmental disorders
- Neurocognitive disorders