



ORIGINAL COURSE IMPLEMENTATION DATE: September 1992
 REVISED COURSE IMPLEMENTATION DATE: January 2025
 COURSE TO BE REVIEWED (six years after UEC approval): May 2030
 Course outline form version: 28/10/2022

OFFICIAL UNDERGRADUATE COURSE OUTLINE FORM

Note: The University reserves the right to amend course outlines as needed without notice.

Course Code and Number: PSYC 250	Number of Credits: 3 Course credit policy (105)										
Course Full Title: Introduction to Lifespan Development Course Short Title: Intro to Lifespan Development											
Faculty: Faculty of Social Sciences	Department (or program if no department): Psychology										
Calendar Description: Introduces students to the study of human development across the lifespan. Students examine the major theories of human development and changes that occur in the areas of cognitive, perceptual, social, and emotional development.											
Prerequisites (or NONE):	PSYC 101 and PSYC 102.										
Corequisites (if applicable, or NONE):	NONE										
Pre/corequisites (if applicable, or NONE):	NONE										
Antirequisite Courses (<i>Cannot be taken for additional credit.</i>) Former course code/number: N/A Cross-listed with: N/A Equivalent course(s): N/A <i>(If offered in the previous five years, antirequisite course(s) will be included in the calendar description as a note that students with credit for the antirequisite course(s) cannot take this course for further credit.)</i>	Course Details Special Topics course: No <i>(If yes, the course will be offered under different letter designations representing different topics.)</i> Directed Study course: No <i>(See policy 207 for more information.)</i> Grading System: Letter grades Delivery Mode: May be offered in multiple delivery modes Expected frequency: Every semester Maximum enrolment (for information only): 36										
Typical Structure of Instructional Hours <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 80%;">Lecture/seminar</td> <td style="width: 20%; text-align: center;">45</td> </tr> <tr> <td> </td> <td> </td> </tr> <tr> <td> </td> <td> </td> </tr> <tr> <td> </td> <td> </td> </tr> <tr> <td style="text-align: right;">Total hours</td> <td style="text-align: center;">45</td> </tr> </table>	Lecture/seminar	45							Total hours	45	Prior Learning Assessment and Recognition (PLAR) PLAR is available for this course.
Lecture/seminar	45										
Total hours	45										
Scheduled Laboratory Hours Labs to be scheduled independent of lecture hours: <input checked="" type="checkbox"/> No <input type="checkbox"/> Yes	Transfer Credit (See bctransferguide.ca) Transfer credit already exists: Yes Submit outline for (re)articulation: No <i>(If yes, fill in transfer credit form.)</i>										
Department approval	Date of meeting: February 2024										
Faculty Council approval	Date of meeting: March 8, 2024										
Undergraduate Education Committee (UEC) approval	Date of meeting: May 17, 2024										

Learning Outcomes *(These should contribute to students' ability to meet program outcomes and thus Institutional Learning Outcomes.)*

Upon successful completion of this course, students will be able to:

1. Discuss key concepts, theories, and methods in developmental psychology.
2. Identify and describe ongoing debates in developmental psychology, including the limitations of research.
3. Apply readings, theories, experiences, and research methodologies to contemporary research questions.
4. Apply knowledge of developmental psychology to real world issues.
5. Examine multiple perspectives within developmental issues.
6. Analyze individual differences in development across the lifespan.
7. Evaluate cultural and historical issues in development across the lifespan.

Recommended Evaluation Methods and Weighting *(Evaluation should align to learning outcomes.)*

Final exam:	30%	Assignments:	35%	%
Quizzes/tests:	35%			%

Details:

NOTE: The following sections may vary by instructor. Please see course syllabus available from the instructor.

Typical Instructional Methods *(Guest lecturers, presentations, online instruction, field trips, etc.)*

Lectures, demonstrations, small group practice, discussion, audio-visual presentation.

Texts and Resource Materials *(Include online resources and Indigenous knowledge sources. [Open Educational Resources \(OER\)](#) should be included whenever possible. If more space is required, use the [Supplemental Texts and Resource Materials form.](#))*

Type	Author or description	Title and publication/access details	Year
1. Textbook	Sigelman & Rider	Life-Span Human Development/Cengage	2022
2. Textbook	Santrrock J.W., Mondloch C., Chuang S., Mackenzie-Thompson A.	Essentials of Lifespan Development/ McGraw Hill	2023
3.			
4.			

Required Additional Supplies and Materials *(Software, hardware, tools, specialized clothing, etc.)***Course Content and Topics**

The course may be organized thematically or chronologically, and cover topics including:

- Introduction to the study of human development
- Physical growth and development
- Perceptual development
- Cognitive development
- Language development
- Intelligence and creativity
- Personality development
- Sexuality and gender roles
- Family interactions
- Moral development
- Self and theory of mind
- Death and dying