



ORIGINAL COURSE IMPLEMENTATION DATE: January 1976
 REVISED COURSE IMPLEMENTATION DATE: January 2025
 COURSE TO BE REVIEWED (six years after UEC approval): May 2030
 Course outline form version: 28/10/2022

OFFICIAL UNDERGRADUATE COURSE OUTLINE FORM

Note: The University reserves the right to amend course outlines as needed without notice.

Course Code and Number: PSYC 355	Number of Credits: 3 Course credit policy (105)										
Course Full Title: Adolescent Psychology Course Short Title: Adolescent Psychology											
Faculty: Faculty of Social Sciences	Department (or program if no department): Psychology										
Calendar Description: Considers the psychological aspects of adolescent development. Students explore changes in the areas of physical, emotional, social, and cognitive development from the end of childhood through young adulthood.											
Prerequisites (or NONE):	PSYC 250 and one of PSYC 202, CRIM 220, KIN 301, or SOC 255/MACS 255.										
Corequisites (if applicable, or NONE):	None										
Pre/corequisites (if applicable, or NONE):	None										
Antirequisite Courses (<i>Cannot be taken for additional credit.</i>) Former course code/number: N/A Cross-listed with: N/A Equivalent course(s): N/A <i>(If offered in the previous five years, antirequisite course(s) will be included in the calendar description as a note that students with credit for the antirequisite course(s) cannot take this course for further credit.)</i>	Course Details Special Topics course: No <i>(If yes, the course will be offered under different letter designations representing different topics.)</i> Directed Study course: No <i>(See policy 207 for more information.)</i> Grading System: Letter grades Delivery Mode: May be offered in multiple delivery modes Expected frequency: Twice per year Maximum enrolment (for information only): 25										
Typical Structure of Instructional Hours <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 80%;">Lecture/seminar</td> <td style="width: 20%; text-align: center;">45</td> </tr> <tr> <td> </td> <td> </td> </tr> <tr> <td> </td> <td> </td> </tr> <tr> <td> </td> <td> </td> </tr> <tr> <td style="text-align: right;">Total hours</td> <td style="text-align: center;">45</td> </tr> </table>	Lecture/seminar	45							Total hours	45	Prior Learning Assessment and Recognition (PLAR) PLAR is available for this course.
Lecture/seminar	45										
Total hours	45										
Scheduled Laboratory Hours Labs to be scheduled independent of lecture hours: <input checked="" type="checkbox"/> No <input type="checkbox"/> Yes	Transfer Credit (See bctransferguide.ca .) Transfer credit already exists: Yes Submit outline for (re)articulation: No <i>(If yes, fill in transfer credit form.)</i>										
Department approval	Date of meeting: February 2024										
Faculty Council approval	Date of meeting: March 8, 2024										
Undergraduate Education Committee (UEC) approval	Date of meeting: May 17, 2024										

Learning Outcomes *(These should contribute to students' ability to meet program outcomes and thus Institutional Learning Outcomes.)*

Upon successful completion of this course, students will be able to:

1. Discuss the complex and dynamic nature of the concept of adolescence.
2. Explain how history, culture, and globalization have contributed to shaping views of the age period of adolescence.
3. Apply research methodologies to the study of adolescence.
4. Critically evaluate current research on adolescence, discussing its limitations.
5. Synthesize adolescent development literature.
6. Evaluate adolescent programs based on knowledge gained in the course.

Recommended Evaluation Methods and Weighting *(Evaluation should align to learning outcomes.)*

Final Exam:	35%	Quizzes/tests:	35%	%
Assignments:	30%			%

Details:

NOTE: The following sections may vary by instructor. Please see course syllabus available from the instructor.

Typical Instructional Methods *(Guest lecturers, presentations, online instruction, field trips, etc.)*

Lectures, seminars, presentation of student special interest areas, and guest lecturers.

Texts and Resource Materials *(Include online resources and Indigenous knowledge sources. [Open Educational Resources](#) (OER) should be included whenever possible. If more space is required, use the [Supplemental Texts and Resource Materials form](#).)*

Type	Author or description	Title and publication/access details	Year
1. Textbook	J. Arnett	Adolescence and Emerging Adulthood	2019
2. Textbook	Lerner, Brown, & Kier	Adolescence: Development, Diversity, Context & Application	2005
3. Textbook	Santrock	Adolescence	2022
4.			
5.			

Required Additional Supplies and Materials *(Software, hardware, tools, specialized clothing, etc.)***Course Content and Topics**

- Theories of adolescence
- Biological foundations
- Cognitive foundations
- Gender
- Self
- Family relationships
- Peers and friends
- Love and sexuality
- School
- Work
- Media
- Problems and resilience
- Moral development