



ORIGINAL COURSE IMPLEMENTATION DATE: September 2000
 REVISED COURSE IMPLEMENTATION DATE: January 2025
 COURSE TO BE REVIEWED (six years after UEC approval): September 2030
 Course outline form version: 28/10/2022

OFFICIAL UNDERGRADUATE COURSE OUTLINE FORM

Note: The University reserves the right to amend course outlines as needed without notice.

Course Code and Number: PSYC 370	Number of Credits: 3 Course credit policy (105)										
Course Full Title: Introduction to Personality Theory Course Short Title: Intro to Personality Theory											
Faculty: Faculty of Social Sciences	Department (or program if no department): Psychology										
Calendar Description: Students are introduced to the central theories of personality and evaluate current developments regarding its conceptualization and measurement. Personality is examined from various theoretical perspectives including psychoanalysis, neo-analysis, psychosocial needs and motives, and cognitive. Biological and behavioural genetics are also explored. Current research on traits and the structure of personality are examined. Students will apply personality theory and research findings to the study of human lives.											
Prerequisites (or NONE):	PSYC 101, PSYC 102, and one of the following: CRIM 220, KIN 301, PSYC 202, or SOC 255/MACS 255 (formerly offered as ANTH 255).										
Corequisites (if applicable, or NONE):	None.										
Pre/corequisites (if applicable, or NONE):	None.										
Antirequisite Courses (<i>Cannot be taken for additional credit.</i>) Former course code/number: PSYC 270 Cross-listed with: N/A Equivalent course(s): N/A <i>(If offered in the previous five years, antirequisite course(s) will be included in the calendar description as a note that students with credit for the antirequisite course(s) cannot take this course for further credit.)</i>	Course Details Special Topics course: No <i>(If yes, the course will be offered under different letter designations representing different topics.)</i> Directed Study course: No <i>(See policy 207 for more information.)</i> Grading System: Letter grades Delivery Mode: May be offered in multiple delivery modes Expected frequency: Twice per year Maximum enrolment (for information only): 25										
Typical Structure of Instructional Hours <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 80%;">Lecture/seminar</td> <td style="width: 20%; text-align: center;">45</td> </tr> <tr> <td> </td> <td> </td> </tr> <tr> <td> </td> <td> </td> </tr> <tr> <td> </td> <td> </td> </tr> <tr> <td style="text-align: right;">Total hours</td> <td style="text-align: center;">45</td> </tr> </table>	Lecture/seminar	45							Total hours	45	Prior Learning Assessment and Recognition (PLAR) PLAR is available for this course.
Lecture/seminar	45										
Total hours	45										
Scheduled Laboratory Hours Labs to be scheduled independent of lecture hours: <input checked="" type="checkbox"/> No <input type="checkbox"/> Yes	Transfer Credit (See bctransferguide.ca) Transfer credit already exists: Yes Submit outline for (re)articulation: No <i>(If yes, fill in transfer credit form.)</i>										
Department approval	Date of meeting: April 2024										
Faculty Council approval	Date of meeting: May 3, 2024										
Undergraduate Education Committee (UEC) approval	Date of meeting: September 27, 2024										

Learning Outcomes *(These should contribute to students' ability to meet program outcomes and thus Institutional Learning Outcomes.)*

Upon successful completion of this course, students will be able to:

1. Critically analyze Freud's psychoanalytic theory of personality including its empirical status and related research.
2. Specify Freud's impact on subsequent personality theory and research.
3. Examine contemporary personality theories.
4. Assess the empirical status of personality neuroscience and behaviour genetics as the biological basis of personality.
5. Critically evaluate current conceptions of the structure of personality within the context of culture.
6. Compare and contrast competing conceptions of personality theories.

Recommended Evaluation Methods and Weighting *(Evaluation should align to learning outcomes.)*

Final exam:	30%	Project:	20%		%
Quizzes/tests:	50%		%		%

Details:

Quizzes: 2 midterms

NOTE: The following sections may vary by instructor. Please see course syllabus available from the instructor.

Typical Instructional Methods *(Guest lecturers, presentations, online instruction, field trips, etc.)*

Lectures, guest lecturers, small group discussions, videos, student seminar presentations.

Texts and Resource Materials *(Include online resources and Indigenous knowledge sources. [Open Educational Resources](#) (OER) should be included whenever possible. If more space is required, use the [Supplemental Texts and Resource Materials form](#).)*

Type	Author or description	Title and publication/access details	Year
1. Textbook	Larsen R.J., Buss, D.M., King, D.B. & Ensley, C.E.	Personality Psychology	2024
2.			
3.			
4.			
5.			

Required Additional Supplies and Materials *(Software, hardware, tools, specialized clothing, etc.)***Course Content and Topics**

- Defining personality
- Methods and issues, structured tests
- Psychoanalysis
- Neoanalysis and psychosocial influences
- Needs and motives
- Personal constructs and contemporary cognitive issues
- Inheritance, biology, and personality
- Personality traits and measurement
- Culture and personality
- Stress, coping, and health