

Health Assessment Record

Nursing Unit Clerk Certificate Program

Student Name:	Phone Number:
Address:	
Family Doctor:	Physician Phone Number:

Health assessment indicating physical fitness and mental and emotional wellness.

The University of the Fraser Valley's Nursing Unit Clerk program requires physical fitness and emotional stability for students during course work, practicums, and future employment in hospitals and or care facilities.

Examples of activities that students will be engaged in and commonly encounter during their practicum and future employment include:

- Frequent hand washing
- Physical actions that require:
 - Mobility
 - Flexibility and strength
 - Endurance
 - Manual dexterity and the ability to function in limited spaces
 - Ability to perform repetitive movements
 - Bending, reaching, walking, and carrying objects
- Emotionally stressful situations
- Activities that require adequate sensory perception – sight, hearing and touch
- Exposure to environmental smells and noise
- Distractions
- Unpredictable behaviour from those around you that may include aggression both verbal and physical

Is this student capable of completing the physical activities above, and is mentally and emotionally prepared to encounter emotional situations while attending practicum? Does this student have the resilience needed to deal with job-related stress?

Yes No

Note to explain:

X

Physician Signature

Date: _____