



# Xets'ō:westel (time to store away canoe paddles) 2024 Sqwélqwel Newsletter



## PEER MENTORS

### Robyn C at ISC Abbotsford

Monday: 1pm - 4pm  
Tuesday: 10:30am - 1:30pm  
Wednesday: 11am - 2pm  
Thursday: 9:30am - 12:30pm

### Alicia E at ISC Chilliwack

Monday: 1:30pm - 4:30pm  
Tuesday: 11:30am - 4:30pm  
Thursday: 11:30am - 4:30pm

### Denise Z at ISC

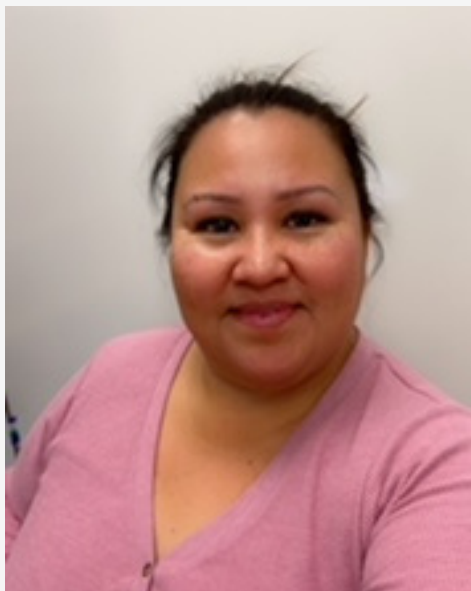
Monday: 12pm - 2pm, Chilliwack  
Tuesday: 10am - 1pm, Chilliwack  
Wednesday: 12pm - 4:30pm, Abby  
Thursday: 10am - 1pm, Chilliwack

*Indigenous Peer Mentors share their experiences and offer their support to students assisting with their transition to post-secondary education at UFV*

## Welcome Jolie Lawrence

Please welcome Jolie Lawrence our new Indigenous Cultural and Wellness Support Assistant!

We look forward to you being a part of our team.



## Connect with us!

### Chilliwack ISC - A1441

45190 Caen Avenue  
604-795-2835  
M-F 8:30am - 4:30pm

### Abbotsford ISC - S1113

33844 King Road  
604-557-4069  
M-F 8:30am - 4:30pm

**Email:** [isc@ufv.ca](mailto:isc@ufv.ca)

**Website:** [ufv.ca/isc](http://ufv.ca/isc)

### Staff Emails:

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[jolie.lawrence@ufv.ca](mailto:jolie.lawrence@ufv.ca)



Find us on Social Media:  
[@iscufv](https://www.instagram.com/iscufv)



# UPCOMING IMPORTANT DATES

**SAVE THE DATE**

Every Tuesday	Elder Bibiana Norris - Drop-In 11:30am - 1pm, ISC Chilliwack
Every Tuesday	Elder Denise Douglas - Drop-In 2pm - 4pm, ISC Abbotsford
Every Thursday	Elder Stephen Williams - Drop-In 11:30am - 1pm, ISC Chilliwack
Every Wednesday	Academic Advisor 8:30am - 4pm, ISC Chilliwack <i>Afternoons are by appointment only: Speak to ISC Front Desk for Support or Email Kathryn Garcia at <a href="mailto:Kathryn.Garcia@ufv.ca">Kathryn.Garcia@ufv.ca</a></i>
November 5	Remembrance Day Beading Workshop 2pm - 4pm, ISC Abbotsford
November 6	Remembrance Day Beading Workshop 2pm - 4pm, ISC Chilliwack
November 8	National Indigenous Veterans Day
November 9 - 13	Reading Break (ISC Programming Cancelled this Week)
November 11	Campus Closed for Remembrance Day
November 20	Academic Advisor - Arts 10am - 11am, ISC Abbotsford
November 20	Chili Lunch - FREE 11:30am - 1pm, ISC Chilliwack
November 21	Chili Lunch - FREE 1pm - 2:30pm, ISC Abbotsford
November 27	Academic Advisor 1:30pm - 3:30pm, ISC Abbotsford

