



## EP. 2 NATASHA AND LEANNE, PART 1

In this episode, we chat with **Natasha Rainkie and Leanne Joe** about their experiences as Indigenous students at UFV. In part one, they share their impressions of UFV's Indigenization efforts and teach us about the challenges of navigating the legacy of assimilationist policies, their cultural protocols, and course requirements.

### FAST FACTS

- In 2016, Canada's Indigenous population was [1.8 million](#) and growing.
- [Native-Land](#) gives information about the Indigenous peoples who steward the land where you teach, live, research, and travel.
- [Intergenerational trauma](#) is a widely recognized result of forced assimilation in Indian Residential and Day Schools in Canada.
- [Indigenization at UFV](#) formally began in 2005 with community consultation. Today, Indigenization is woven throughout UFV's 2021-2026 integrated strategic plan, [IYAQAWTXW – House of Transformation](#).

### NATASHA AND LEANNE'S ADVICE TO FACULTY

#### Be mindful of Indigenous students' community responsibilities

Natasha and Leanne spoke about how deaths in the family created conflicts between their cultural protocols and schoolwork. Faculty can support students by being mindful that students cannot always share details about community protocols, by offering additional flexibility, and by reading about [how intergenerational trauma multiplies the impact of family tragedy](#).

#### Recognize and cite Indigenous knowledge in curricula and assignments

Many style guides now provide guidance on citing elders and knowledge keepers in academic assignments. Check out page 4 of [UFV's APA Citation Style guide](#) for style and this panel presentation on [inclusive citation](#) for a deeper discussion of ways to decolonize citation practices.

### What is Ekta?

Ekta, pronounced "ay-k-ta," is a Sanskrit word meaning **unity, togetherness, and solidarity**. The Ekta podcast features student stories that highlight what is needed to foster ekta at UFV.

### Spotlight on Halq'eméylem

Lá:lem

Pronounced "law-lem"  
Meaning "house"

### Acknowledgments

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Music by Saint Soldier.

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